



# Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

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Albrecht, Nicole

□□□: 1:35:39.2

□□: Lok Laufgruppe

□□: 13

Lange Distanz

□□□□□: 67 (of 92)

□□□□□□: 1:03:25.1

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□□□□□: 3(of 7)

Exemplary W (35-45 Jahre)

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Öchsenberg	43:46.0	3	5:26.1	68	17:01.8	43:46.0	3	5:26.1	68	17:01.8
Laktat Start	36:35.4	3	2:49.6	67	11:38.6	1:20:21.4	3	7:50.9	69	27:40.9
Laktat Finish	3:34.5	5	1:10.7	76	2:07.2	1:23:55.9	3	9:01.6	67	29:27.0
Ziel	11:43.3	4	1:51.0	58	3:33.1	1:35:39.2	3	10:52.6	67	32:14.1