Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

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Kind, Christiane

□□□: 1:24:46.6

□□: 90

Lange Distanz

□□□□□: 37 (of 92)

□□□□□□: 1:03:25.1

□□□□: 1(of 7)

Exemplary W (35-45 Jahre)

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Öchsenberg	38:19.9	1	-	35	11:35.7	38:19.9	1	-	35	11:35.7
Laktat Start	34:10.6	2	0:24.8	46	9:13.8	1:12:30.5	1	-	42	19:50.0
Laktat Finish	2:23.8	1	-	20	0:56.5	1:14:54.3	1	-	37	20:25.4
Ziel	9:52.3	1	-	27	1:42.1	1:24:46.6	1	-	37	21:21.5