



Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

□□□□

Specht, Mandy

□□□: 1:14:58.1

□□: 220

Kurze Distanz

□□□□□: 67 (of 74)

□□□□□□: 36:48.5

□□□□:

□□□□□: 6(of 9)

Endurance Wk (25-34 Jahre)

□□□□□□□: 57:35.9

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□□	□□	□□	□□	□□
	□□	-	-	□□□	□□□	□□	-	-	□□□	□□□
Laktat Start	53:07.3	6	11:33.1	67	27:07.1	53:07.3	6	11:33.1	67	27:07.1
Laktat Finish	3:39.4	6	0:36.8	50	2:05.4	56:46.7	6	11:49.6	67	28:43.7
Ziel	18:11.4	5	6:05.9	60	9:25.9	1:14:58.1	6	17:22.2	67	38:09.6