



Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

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Hermann, Alex

□□□: 50:56.4

□□: 233

Kurze Distanz

□□□□□: 15 (of 74)

□□□□□□: 36:48.5

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□□□□□: 3(of 8)

Exemplary Mk (35-45 Jahre)

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Laktat Start	37:00.7	3	10:10.3	17	11:00.5	37:00.7	3	10:10.3	17	11:00.5
Laktat Finish	2:51.9	4	0:40.2	21	1:17.9	39:52.6	4	10:50.5	17	11:49.6
Ziel	11:03.8	3	2:14.6	11	2:18.3	50:56.4	3	13:05.1	15	14:07.9