



Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

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Berkes, Jasmin

□□□: 1:23:12.3

□□: Turbo Schnecken

□□: 224

Kurze Distanz

□□□□□: 70 (of 74)

□□□□□□: 36:48.5

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□□□□□: 8(of 9)

Exemplary Wk (35-45 Jahre)

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Laktat Start	59:31.1	9	17:54.2	72	33:30.9	59:31.1	9	17:54.2	72	33:30.9
Laktat Finish	4:42.5	9	2:03.9	72	3:08.5	1:04:13.6	9	19:13.2	74	36:10.6
Ziel	18:58.7	7	5:22.7	69	10:13.2	1:23:12.3	8	24:35.9	70	46:23.8