



Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

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Hill, Michaela

□□□: 1:23:12.4

□□: Turbo Schnecken

□□: 223

Kurze Distanz

□□□□□: 72 (of 74)

□□□□□□: 36:48.5

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□□□□□: 9(of 9)

Exemplary Wk (35-45 Jahre)

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| Laktat Start | 59:28.2 | 8 | 17:51.3 | 70 | 33:28.0 | 59:28.2 | 8 | 17:51.3 | 70 | 33:28.0 |
| Laktat Finish | 3:50.3 | 7 | 1:11.7 | 58 | 2:16.3 | 1:03:18.5 | 8 | 18:18.1 | 72 | 35:15.5 |
| Ziel | 19:53.9 | 9 | 6:17.9 | 72 | 11:08.4 | 1:23:12.4 | 9 | 24:36.0 | 72 | 46:23.9 |