



Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

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Heß, Kathy

□□□: 1:01:45.5

□□: STM Waterjet

□□: 200

Kurze Distanz

□□□□□: 40 (of 74)

□□□□□□: 36:48.5

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□□□□□: 2(of 9)

Exemplary Wk (35-45 Jahre)

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Laktat Start	42:40.6	2	1:03.7	36	16:40.4	42:40.6	2	1:03.7	36	16:40.4
Laktat Finish	3:29.7	4	0:51.1	47	1:55.7	46:10.3	2	1:09.9	38	18:07.3
Ziel	15:35.2	4	1:59.2	47	6:49.7	1:01:45.5	2	3:09.1	40	24:57.0