



Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

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Gerlach, Detlef

□□□: 1:14:01.9

□□: Lauffreiff Eisenach

□□: 204

Kurze Distanz

□□□□□: 60 (of 74)

□□□□□□: 36:48.5

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□□□□□: 4(of 5)

Experienced Mk (46-90 Jahre)

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| Laktat Start | 52:42.1 | 4 | 26:41.9 | 61 | 26:41.9 | 52:42.1 | 4 | 26:41.9 | 61 | 26:41.9 |
| Laktat Finish | 3:56.1 | 3 | 1:49.4 | 60 | 2:22.1 | 56:38.2 | 3 | 28:31.3 | 64 | 28:35.2 |
| Ziel | 17:23.7 | 4 | 7:57.9 | 51 | 8:38.2 | 1:14:01.9 | 4 | 36:29.2 | 60 | 37:13.4 |