



Vulcano BATTLE 02.08.2020

Vacha / 02.08.2020

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Nowak, Tobias

□□□: 1:42:36.0

□□: 36

Lange Distanz

□□□□□: 80 (of 92)

□□□□□□: 1:03:25.1

□□□□:

□□□□□: 19(of 20)

Endurance M (25-34 Jahre)

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Öchsenberg	45:06.7	17	15:36.7	73	18:22.5	45:06.7	17	15:36.7	73	18:22.5
Laktat Start	40:10.4	19	14:59.3	83	15:13.6	1:25:17.1	17	30:36.0	76	32:36.6
Laktat Finish	3:47.4	18	2:05.1	84	2:20.1	1:29:04.5	19	32:10.4	80	34:35.6
Ziel	13:31.5	17	5:21.3	82	5:21.3	1:42:36.0	19	37:31.7	80	39:10.9