



13. Wartburg-Staffel

36433 Gumpelstadt Pummpälzsteg / 20.09.2020

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Endphasensprinter 1

□□□: 5:57:50

□□: 10

□□: 8.89 km/h

□□□□: 6:38 min/km

□□: 53.90 km

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VIA SOLUTION Lauf-Wartburg-Staffel (5x11 km) □□□□□/□: 1 (of 1)

□□□□□□: 5:57:50

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□□□□□: 1(of 1)

Frauenstaffel Lauf

□□□□□□□: 5:57:50

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Gumpelstadt	10.90	1:17:04	7:04	1	-	1	-	10.90	1:17:04	7:04	1	-	1	-
Ascherbrück	10.70	1:05:07	6:05	1	-	1	-	21.60	2:22:11	6:34	1	-	1	-
Wartburg	10.80	1:10:31	6:31	1	-	1	-	32.40	3:32:42	6:33	1	-	1	-
Ascherbrück	10.80	1:23:59	7:46	1	-	1	-	43.20	4:56:41	6:52	1	-	1	-
Gumpelstadt	10.70	1:01:09	5:42	1	-	1	-	53.90	5:57:50	6:38	1	-	1	-