



50. Brockenlauf

Ilseburg / 04.09.2021

□□□□

Beiser, Marcus

□□: Sachsen-Anhalt - Halberstadt
 □□: 327

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M40 (40-44 Jahre)

□□□: 2:27:53

□□: 10.55 km/h
 □□□□: 5:38 min/km

□□□□□/□□□□: 137 (of 467)

□□□□□/□: 128 (of 387)

□□□□□□: 1:40:22

□□□□□: 26(of 59)

□□□□□□□: 1:47:09

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 19:10 | 5:48 | 36 | 5:30 | 191 | 6:39 | 3.30 | 19:10 | 5:48 | 60 | 5:30 | 388 | 6:39 |
| Schlüsie | 3.10 | 19:25 | 6:15 | 27 | 4:53 | 123 | 6:21 | 6.40 | 38:35 | 6:01 | 60 | 10:23 | 388 | 12:59 |
| Hermannsklippe | 2.60 | 16:14 | 6:14 | 19 | 3:34 | 87 | 4:53 | 9.00 | 54:49 | 6:05 | 60 | 13:57 | 388 | 17:52 |
| Brocken | 3.10 | 27:58 | 9:01 | 26 | 8:05 | 124 | 10:11 | 12.10 | 1:22:47 | 6:50 | 60 | 21:51 | 388 | 28:03 |
| Eiserner Handwe | 3.60 | 17:04 | 4:44 | 19 | 4:16 | 94 | 4:44 | 15.70 | 1:39:51 | 6:21 | 60 | 26:07 | 388 | 32:46 |
| Schlüsie | 4.10 | 18:01 | 4:23 | 31 | 5:53 | 178 | 6:25 | 19.80 | 1:57:52 | 5:57 | 60 | 32:00 | 318 | 38:47 |
| Loddenke | 3.10 | 14:46 | 4:45 | 32 | 4:38 | 185 | 4:51 | 22.90 | 2:12:38 | 5:47 | 60 | 36:38 | 384 | 43:27 |
| Ilseburg/Markt | 3.30 | 15:15 | 4:37 | 26 | 4:06 | 132 | 4:27 | 26.20 | 2:27:53 | 5:38 | 26 | 40:44 | 128 | 47:31 |