



50. Brockenlauf

Ilseburg / 04.09.2021

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Kwidzinski, Raphaela

□□: Ostfildern
 □□: 259

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W35 (35-39 Jahre)

□□□: 2:43:49

□□: 9.52 km/h
 □□□□: 6:15 min/km

□□□□□/□□□: 257 (of 467)

□□□□□/□: 26 (of 80)

□□□□□□: 2:03:14

□□□□□: 3(of 7)

□□□□□□□: 2:33:45

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	18:02	5:27	1	-	7	3:07	3.30	18:02	5:27	1	-	81	3:07
Schlüsie	3.10	20:22	6:34	1	-	14	3:39	6.40	38:24	5:59	1	-	81	6:46
Hermannsklippe	2.60	18:10	6:59	1	-	14	3:26	9.00	56:34	6:17	1	-	81	10:12
Brocken	3.10	28:53	9:19	1	-	12	4:13	12.10	1:25:27	7:03	1	-	81	14:25
Eiserner Handwe	3.60	28:26	7:53	7	9:45	78	13:56	15.70	1:53:53	7:15	8	7:10	81	28:21
Schlüsie	4.10	19:48	4:49	5	2:30	38	5:52	19.80	2:13:41	6:45	8	9:40	81	34:13
Loddenke	3.10	14:35	4:42	2	0:38	21	3:11	22.90	2:28:16	6:28	8	10:18	80	37:24
Ilseburg/Markt	3.30	15:33	4:42	1	-	14	3:11	26.20	2:43:49	6:15	3	10:04	26	40:35