



50. Brockenlauf

Ilseburg / 04.09.2021

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Otsuka, Hitomi

□□: Halle

□□: 330

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W40 (40-44 Jahre)

□□□: 2:46:45

□□: 9.36 km/h

□□□□: 6:22 min/km

□□□□□/□□□: 271 (of 467)

□□□□□/□: 28 (of 80)

□□□□□□: 2:03:14

□□□□□: 7(of 15)

□□□□□□□: 2:28:06

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:28	5:53	6	1:07	23	4:33	3.30	19:28	5:53	16	1:07	81	4:33	
Schlüsie	3.10	21:35	6:57	6	2:01	24	4:52	6.40	41:03	6:24	16	3:08	81	9:25	
Hermannsklippe	2.60	19:47	7:36	8	2:47	29	5:03	9.00	1:00:50	6:45	16	5:55	81	14:28	
Brocken	3.10	33:34	10:49	10	3:56	35	8:54	12.10	1:34:24	7:48	16	9:42	81	23:22	
Eiserner Handwe	3.60	19:09	5:19	6	2:10	23	4:39	15.70	1:53:33	7:13	16	11:52	81	28:01	
Schlüsie	4.10	19:13	4:41	8	2:30	32	5:17	19.80	2:12:46	6:42	16	14:22	76	33:18	
Loddenke	3.10	15:07	4:52	6	1:44	25	3:43	22.90	2:27:53	6:27	16	15:04	80	37:01	
Ilseburg/Markt	3.30	18:52	5:43	12	4:12	49	6:30	26.20	2:46:45	6:21	7	18:39	28	43:31	