



50. Brockenlauf

Ilseburg / 04.09.2021

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Hansen, Begitte

□□: Dänische Nationalmannschaft
 □□: 20

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W30 (30-34 Jahre)

□□□: 2:03:14

□□: 12.66 km/h
 □□□□: 4:42 min/km

□□□□□/□□□□: 24 (of 467)

□□□□□/□: 1 (of 80)

□□□□□□: 2:03:14

□□□□□: 1(of 9)

□□□□□□□: 2:03:14

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 14:55 | 4:31 | 1 | - | 1 | - | 3.30 | 14:55 | 4:31 | 1 | - | 1 | - | |
| Schlüsie | 3.10 | 16:43 | 5:23 | 1 | - | 1 | - | 6.40 | 31:38 | 4:56 | 1 | - | 1 | - | |
| Hermannsklippe | 2.60 | 14:44 | 5:39 | 1 | - | 1 | - | 9.00 | 46:22 | 5:09 | 1 | - | 1 | - | |
| Brocken | 3.10 | 24:40 | 7:57 | 1 | - | 1 | - | 12.10 | 1:11:02 | 5:52 | 1 | - | 1 | - | |
| Eiserner Handwe | 3.60 | 14:30 | 4:01 | 1 | - | 1 | - | 15.70 | 1:25:32 | 5:26 | 1 | - | 1 | - | |
| Schlüsie | 4.10 | 13:56 | 3:23 | 1 | - | 1 | - | 19.80 | 1:39:28 | 5:01 | 1 | - | 1 | - | |
| Loddenke | 3.10 | 11:24 | 3:40 | 1 | - | 1 | - | 22.90 | 1:50:52 | 4:50 | 1 | - | 1 | - | |
| Ilseburg/Markt | 3.30 | 12:22 | 3:44 | 1 | - | 1 | - | 26.20 | 2:03:14 | 4:42 | 1 | - | 1 | - | |