



# 50. Brockenlauf

Ilseburg / 04.09.2021

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Schulz, Maria

□□: Hamburg

□□: 423

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W40 (40-44 Jahre)

□□□: 2:50:46

□□: 9.14 km/h

□□□□: 6:31 min/km

□□□□□/□□□: 295 (of 467)

□□□□□/□: 32 (of 80)

□□□□□□: 2:03:14

□□□□□: 10(of 15)

□□□□□□□: 2:28:06

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:17	5:50	3	0:56	18	4:22	3.30	19:17	5:50	16	0:56	81	4:22	
Schlüsie	3.10	20:21	6:33	3	0:47	13	3:38	6.40	39:38	6:11	16	1:43	81	8:00	
Hermannsklippe	2.60	18:39	7:10	3	1:39	18	3:55	9.00	58:17	6:28	16	3:22	81	11:55	
Brocken	3.10	32:15	10:24	7	2:37	28	7:35	12.10	1:30:32	7:28	16	5:50	81	19:30	
Eiserner Handwe	3.60	22:05	6:08	13	5:06	49	7:35	15.70	1:52:37	7:10	16	10:56	81	27:05	
Schlüsie	4.10	23:20	5:41	13	6:37	61	9:24	19.80	2:15:57	6:51	16	17:33	81	36:29	
Loddenke	3.10	17:30	5:38	12	4:07	51	6:06	22.90	2:33:27	6:42	16	20:38	80	42:35	
Ilseburg/Markt	3.30	17:19	5:14	7	2:39	31	4:57	26.20	2:50:46	6:31	10	22:40	32	47:32	