



50. Brockenlauf

Ilseburg / 04.09.2021

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Strecker, Elke

□□: SG Glücksbrunn Schweina
 □□: 446

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W55 (55-59 Jahre)

□□□: 2:49:44

□□: 9.19 km/h
 □□□□: 6:29 min/km

□□□□□/□□□: 290 (of 467)

□□□□□/□: 31 (of 80)

□□□□□□: 2:03:14

□□□□□: 3(of 11)

□□□□□□□: 2:16:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:42	6:16	2	2:35	37	5:47	3.30	20:42	6:16	12	2:35	81	5:47
Schlüsie	3.10	22:12	7:09	2	3:48	30	5:29	6.40	42:54	6:42	12	6:23	81	11:16
Hermannsklippe	2.60	19:28	7:29	2	3:19	26	4:44	9.00	1:02:22	6:55	12	9:42	81	16:00
Brocken	3.10	31:08	10:02	2	6:24	23	6:28	12.10	1:33:30	7:43	12	16:06	81	22:28
Eiserner Handwe	3.60	19:51	5:30	3	3:54	28	5:21	15.70	1:53:21	7:13	12	20:00	81	27:49
Schlüsie	4.10	20:13	4:55	4	4:43	40	6:17	19.80	2:13:34	6:44	12	24:43	81	34:06
Loddenke	3.10	16:43	5:23	4	3:33	41	5:19	22.90	2:30:17	6:33	12	28:16	80	39:25
Ilseburg/Markt	3.30	19:27	5:53	6	5:00	57	7:05	26.20	2:49:44	6:28	3	33:16	31	46:30