



50. Brockenlauf

Ilseburg / 04.09.2021

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Eggert, Irmgard

□□: Rennsteiglaufverein
 □□: 300

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W70 (70-74 Jahre)

□□□: 2:53:49

□□: 8.97 km/h
 □□□□: 6:38 min/km

□□□□□/□□□: 318 (of 467)

□□□□□/□: 35 (of 80)

□□□□□□: 2:03:14

□□□□□: 1(of 2)

□□□□□□□: 2:53:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:52	6:55	2	2:21	68	7:57	3.30	22:52	6:55	3	2:21	81	7:57
Schlüsie	3.10	24:21	7:51	2	0:48	52	7:38	6.40	47:13	7:22	3	3:09	81	15:35
Hermannsklippe	2.60	22:44	8:44	2	1:23	56	8:00	9.00	1:09:57	7:46	3	4:32	81	23:35
Brocken	3.10	33:20	10:45	1	-	33	8:40	12.10	1:43:17	8:32	3	3:12	81	32:15
Eiserner Handwe	3.60	19:20	5:22	1	-	25	4:50	15.70	2:02:37	7:48	3	0:57	81	37:05
Schlüsie	4.10	18:10	4:25	1	-	21	4:14	19.80	2:20:47	7:06	1	-	81	41:19
Loddenke	3.10	15:47	5:05	1	-	29	4:23	22.90	2:36:34	6:50	1	-	80	45:42
Ilseburg/Markt	3.30	17:15	5:13	1	-	30	4:53	26.20	2:53:49	6:38	1	-	35	50:35