



# 50. Brockenlauf

Ilseburg / 04.09.2021

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Hirschelmann, Jens

□□: Merseburg

□□: 198

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 2:40:34

□□: 9.72 km/h

□□□□: 6:08 min/km

□□□□□/□□□: 230 (of 467)

□□□□□/□: 210 (of 387)

□□□□□□: 1:40:22

□□□□□: 33(of 66)

□□□□□□□: 1:57:01

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	18:42	5:40	22	4:09	152	6:11	3.30	18:42	5:40	67	4:09	388	6:11
Schlüsie	3.10	20:59	6:46	32	5:21	197	7:55	6.40	39:41	6:12	67	9:30	388	14:05
Hermannsklippe	2.60	19:08	7:21	36	5:10	237	7:47	9.00	58:49	6:32	67	14:40	388	21:52
Brocken	3.10	30:48	9:56	36	8:09	210	13:01	12.10	1:29:37	7:24	67	22:49	388	34:53
Eiserner Handwe	3.60	18:56	5:15	30	5:18	179	6:36	15.70	1:48:33	6:54	67	28:07	388	41:28
Schlüsie	4.10	18:34	4:31	33	5:29	204	6:58	19.80	2:07:07	6:25	67	33:36	388	48:02
Loddenke	3.10	15:13	4:54	35	4:05	211	5:18	22.90	2:22:20	6:12	67	37:41	384	53:09
Ilseburg/Markt	3.30	18:14	5:31	47	5:52	277	7:26	26.20	2:40:34	6:07	33	43:33	210	1:00:12