



50. Brockenlauf

Ilseburg / 04.09.2021

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Schlottag, Nicole

□□: Emersleben

□□: 397

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W40 (40-44 Jahre)

□□□: 2:56:33

□□: 8.84 km/h

□□□□: 6:44 min/km

□□□□□/□□□: 329 (of 467)

□□□□□/□: 38 (of 80)

□□□□□□: 2:03:14

□□□□□: 11(of 15)

□□□□□□□: 2:28:06

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:54	6:19	10	2:33	38	5:59	3.30	20:54	6:19	16	2:33	81	5:59	
Schlüsie	3.10	23:15	7:30	11	3:41	39	6:32	6.40	44:09	6:53	16	6:14	81	12:31	
Hermannsklippe	2.60	20:36	7:55	10	3:36	37	5:52	9.00	1:04:45	7:11	16	9:50	81	18:23	
Brocken	3.10	33:51	10:55	12	4:13	37	9:11	12.10	1:38:36	8:08	16	13:54	81	27:34	
Eiserner Handwe	3.60	21:06	5:51	10	4:07	38	6:36	15.70	1:59:42	7:37	16	18:01	81	34:10	
Schlüsie	4.10	20:39	5:02	9	3:56	44	6:43	19.80	2:20:21	7:05	16	21:57	81	40:53	
Loddenke	3.10	17:19	5:35	11	3:56	50	5:55	22.90	2:37:40	6:53	16	24:51	80	46:48	
Ilseburg/Markt	3.30	18:53	5:43	13	4:13	50	6:31	26.20	2:56:33	6:44	11	28:27	38	53:19	