



50. Brockenlauf

Ilseburg / 04.09.2021

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Glodek, Viola

□□: Berlin

□□: 160

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W35 (35-39 Jahre)

□□□: 2:57:16

□□: 8.80 km/h

□□□□: 6:46 min/km

□□□□□/□□□: 335 (of 467)

□□□□□/□: 40 (of 80)

□□□□□□: 2:03:14

□□□□□: 6(of 7)

□□□□□□□: 2:33:45

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:40	6:15	4	2:38	36	5:45	3.30	20:40	6:15	8	2:38	81	5:45
Schlüsie	3.10	22:49	7:21	5	2:27	36	6:06	6.40	43:29	6:47	8	5:05	81	11:51
Hermannsklippe	2.60	21:35	8:18	6	3:25	44	6:51	9.00	1:05:04	7:13	8	8:30	81	18:42
Brocken	3.10	36:21	11:43	5	7:28	53	11:41	12.10	1:41:25	8:22	8	15:58	81	30:23
Eiserner Handwe	3.60	21:56	6:05	4	3:15	47	7:26	15.70	2:03:21	7:51	8	16:38	81	37:49
Schlüsie	4.10	19:18	4:42	4	2:00	33	5:22	19.80	2:22:39	7:12	8	18:38	81	43:11
Loddenke	3.10	16:10	5:12	4	2:13	34	4:46	22.90	2:38:49	6:56	8	20:51	80	47:57
Ilseburg/Markt	3.30	18:27	5:35	6	2:54	41	6:05	26.20	2:57:16	6:45	6	23:31	40	54:02