



50. Brockenlauf

Ilseburg / 04.09.2021

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Ganz, Christina

□□: Hannover
 □□: 143

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W35 (35-39 Jahre)

□□□: 2:57:07

□□: 8.81 km/h
 □□□□: 6:46 min/km

□□□□□/□□□: 333 (of 467)

□□□□□/□: 39 (of 80)

□□□□□□: 2:03:14

□□□□□: 5(of 7)

□□□□□□□: 2:33:45

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:37	6:33	6	3:35	49	6:42	3.30	21:37	6:33	8	3:35	81	6:42	
Schlüsie	3.10	23:48	7:40	6	3:26	44	7:05	6.40	45:25	7:05	8	7:01	81	13:47	
Hermannsklippe	2.60	21:30	8:16	5	3:20	43	6:46	9.00	1:06:55	7:26	8	10:21	81	20:33	
Brocken	3.10	37:29	12:05	6	8:36	62	12:49	12.10	1:44:24	8:37	8	18:57	81	33:22	
Eiserner Handwe	3.60	20:34	5:42	3	1:53	33	6:04	15.70	2:04:58	7:57	8	18:15	81	39:26	
Schlüsie	4.10	18:41	4:33	3	1:23	26	4:45	19.80	2:23:39	7:15	8	19:38	81	44:11	
Loddenke	3.10	16:25	5:17	6	2:28	39	5:01	22.90	2:40:04	6:59	8	22:06	80	49:12	
Ilseburg/Markt	3.30	17:03	5:10	5	1:30	29	4:41	26.20	2:57:07	6:45	5	23:22	39	53:53	