



# 50. Brockenlauf

Ilseburg / 04.09.2021

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Hübscher, Adolf

□□: LG Kleines Fenn  
 □□: 206

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Senioren M60 (60-64 Jahre)

□□□: 2:59:52

□□: 8.67 km/h  
 □□□□: 6:52 min/km

□□□□□/□□□□: 349 (of 467)

□□□□□/□: 307 (of 387)

□□□□□□: 1:40:22

□□□□□: 17(of 28)

□□□□□□□: 2:08:33

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□□□□

□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 21:14    | 6:26         | 15      | 4:53    | 302     | 8:43    | 3.30  | 21:14     | 6:26          | 29      | 4:53    | 388     | 8:43    |
| Schlüsie        | 3.10     | 23:29    | 7:34         | 18      | 5:58    | 317     | 10:25   | 6.40  | 44:43     | 6:59          | 29      | 10:51   | 388     | 19:07   |
| Hermannsklippe  | 2.60     | 21:11    | 8:08         | 17      | 6:02    | 312     | 9:50    | 9.00  | 1:05:54   | 7:19          | 29      | 16:53   | 388     | 28:57   |
| Brocken         | 3.10     | 33:36    | 10:50        | 15      | 9:49    | 291     | 15:49   | 12.10 | 1:39:30   | 8:13          | 29      | 26:42   | 388     | 44:46   |
| Eiserner Handwe | 3.60     | 21:33    | 5:59         | 17      | 5:43    | 293     | 9:13    | 15.70 | 2:01:03   | 7:42          | 29      | 32:25   | 388     | 53:58   |
| Schlüsie        | 4.10     | 21:45    | 5:18         | 19      | 6:51    | 312     | 10:09   | 19.80 | 2:22:48   | 7:12          | 29      | 39:16   | 388     | 1:03:43 |
| Loddenke        | 3.10     | 17:35    | 5:40         | 19      | 5:30    | 308     | 7:40    | 22.90 | 2:40:23   | 7:00          | 29      | 44:46   | 384     | 1:11:12 |
| Ilseburg/Markt  | 3.30     | 19:29    | 5:54         | 22      | 6:33    | 322     | 8:41    | 26.20 | 2:59:52   | 6:51          | 17      | 51:19   | 307     | 1:19:30 |