



50. Brockenlauf

Ilseburg / 04.09.2021

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Felsche, Manuela

□□: MSV Eintracht Halberstadt
 □□: 120

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W55 (55-59 Jahre)

□□□: 3:02:01

□□: 8.57 km/h
 □□□□: 6:57 min/km

□□□□□/□□□: 361 (of 467)

□□□□□/□: 47 (of 80)

□□□□□□: 2:03:14

□□□□□: 5(of 11)

□□□□□□□: 2:16:28

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:28	6:30	4	3:21	45	6:33	3.30	21:28	6:30	12	3:21	81	6:33
Schlüsie	3.10	24:51	8:00	5	6:27	56	8:08	6.40	46:19	7:14	12	9:48	81	14:41
Hermannsklippe	2.60	22:55	8:48	7	6:46	58	8:11	9.00	1:09:14	7:41	12	16:34	81	22:52
Brocken	3.10	36:53	11:53	8	12:09	57	12:13	12.10	1:46:07	8:46	12	28:43	81	35:05
Eiserner Handwe	3.60	20:32	5:42	4	4:35	32	6:02	15.70	2:06:39	8:04	12	33:18	81	41:07
Schlüsie	4.10	20:58	5:06	5	5:28	46	7:02	19.80	2:27:37	7:27	12	38:46	81	48:09
Loddenke	3.10	16:44	5:23	5	3:34	42	5:20	22.90	2:44:21	7:10	12	42:20	80	53:29
Ilseburg/Markt	3.30	17:40	5:21	4	3:13	34	5:18	26.20	3:02:01	6:56	5	45:33	47	58:47