



# 50. Brockenlauf

Ilseburg / 04.09.2021

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**Franke, Andrea**

□□: Flying Stöckels de Luxe

□□: 128

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 3:03:30

□□: 8.50 km/h

□□□□: 7:00 min/km

□□□□□/□□□: 371 (of 467)

□□□□□/□: 48 (of 80)

□□□□□□: 2:03:14

□□□□□: 8(of 14)

□□□□□□□: 2:24:33

□□□□

□□□□

□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 21:18    | 6:27         | 7       | 2:19    | 42      | 6:23    | 3.30  | 21:18     | 6:27          | 15      | 2:19    | 81      | 6:23    |
| Schlüsie        | 3.10     | 24:26    | 7:52         | 9       | 5:05    | 53      | 7:43    | 6.40  | 45:44     | 7:08          | 15      | 7:24    | 81      | 14:06   |
| Hermannsklippe  | 2.60     | 23:59    | 9:13         | 12      | 7:33    | 68      | 9:15    | 9.00  | 1:09:43   | 7:44          | 15      | 14:57   | 81      | 23:21   |
| Brocken         | 3.10     | 36:37    | 11:48        | 8       | 10:08   | 55      | 11:57   | 12.10 | 1:46:20   | 8:47          | 15      | 25:05   | 81      | 35:18   |
| Eiserner Handwe | 3.60     | 21:23    | 5:56         | 7       | 3:52    | 40      | 6:53    | 15.70 | 2:07:43   | 8:08          | 15      | 28:57   | 81      | 42:11   |
| Schlüsie        | 4.10     | 21:11    | 5:10         | 7       | 4:06    | 47      | 7:15    | 19.80 | 2:28:54   | 7:31          | 15      | 33:03   | 81      | 49:26   |
| Loddenke        | 3.10     | 16:03    | 5:10         | 5       | 2:22    | 32      | 4:39    | 22.90 | 2:44:57   | 7:12          | 14      | 35:25   | 80      | 54:05   |
| Ilseburg/Markt  | 3.30     | 18:33    | 5:37         | 6       | 3:32    | 42      | 6:11    | 26.20 | 3:03:30   | 7:00          | 8       | 38:57   | 48      | 1:00:16 |