



50. Brockenlauf

Ilseburg / 04.09.2021

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Böttcher, Melanie

□□: Ilseburg

□□: 71

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W30 (30-34 Jahre)

□□□: 3:06:57

□□: 8.34 km/h

□□□□: 7:08 min/km

□□□□□/□□□: 384 (of 467)

□□□□□/□: 54 (of 80)

□□□□□□: 2:03:14

□□□□□: 8(of 9)

□□□□□□□: 2:03:14

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:14	6:44	7	7:19	58	7:19	3.30	22:14	6:44	10	7:19	81	7:19	
Schlüsie	3.10	24:13	7:48	8	7:30	50	7:30	6.40	46:27	7:15	10	14:49	81	14:49	
Hermannsklippe	2.60	21:42	8:20	7	6:58	45	6:58	9.00	1:08:09	7:34	10	21:47	81	21:47	
Brocken	3.10	36:30	11:46	7	11:50	54	11:50	12.10	1:44:39	8:38	10	33:37	81	33:37	
Eiserner Handwe	3.60	23:11	6:26	6	8:41	56	8:41	15.70	2:07:50	8:08	10	42:18	81	42:18	
Schlüsie	4.10	21:57	5:21	6	8:01	53	8:01	19.80	2:29:47	7:33	10	50:19	81	50:19	
Loddenke	3.10	17:56	5:47	7	6:32	58	6:32	22.90	2:47:43	7:19	10	56:51	80	56:51	
Ilseburg/Markt	3.30	19:14	5:49	6	6:52	52	6:52	26.20	3:06:57	7:08	8	1:03:43	54	1:03:43	