



50. Brockenlauf

Ilseburg / 04.09.2021

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Scherz, Yvonne

□□: Zerst

□□: 390

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 3:08:27

□□: 8.28 km/h

□□□□: 7:11 min/km

□□□□□/□□□: 387 (of 467)

□□□□□/□: 55 (of 80)

□□□□□□: 2:03:14

□□□□□: 9(of 14)

□□□□□□□: 2:24:33

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:12	6:43	9	3:13	55	7:17	3.30	22:12	6:43	15	3:13	81	7:17	
Schlüsie	3.10	25:43	8:17	10	6:22	60	9:00	6.40	47:55	7:29	15	9:35	81	16:17	
Hermannsklippe	2.60	22:43	8:44	8	6:17	55	7:59	9.00	1:10:38	7:50	15	15:52	81	24:16	
Brocken	3.10	37:54	12:13	11	11:25	65	13:14	12.10	1:48:32	8:58	15	27:17	81	37:30	
Eiserner Handwe	3.60	21:41	6:01	8	4:10	43	7:11	15.70	2:10:13	8:17	15	31:27	81	44:41	
Schlüsie	4.10	21:27	5:13	8	4:22	48	7:31	19.80	2:31:40	7:39	15	35:49	81	52:12	
Loddenke	3.10	17:33	5:39	8	3:52	52	6:09	22.90	2:49:13	7:23	14	39:41	80	58:21	
Ilseburg/Markt	3.30	19:14	5:49	9	4:13	52	6:52	26.20	3:08:27	7:11	9	43:54	55	1:05:13	