



# 50. Brockenlauf

Ilseburg / 04.09.2021

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Hillmer, Frank

□□: Leipzig

□□: 195

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 3:10:55

□□: 8.17 km/h

□□□□: 7:17 min/km

□□□□□/□□□: 403 (of 467)

□□□□□/□: 344 (of 387)

□□□□□□: 1:40:22

□□□□□: 58(of 67)

□□□□□□□: 2:02:48

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	24:00	7:16	65	8:38	370	11:29	3.30	24:00	7:16	68	8:38	388	11:29	
Schlüsie	3.10	26:16	8:28	64	10:22	367	13:12	6.40	50:16	7:51	68	18:48	388	24:40	
Hermannsklippe	2.60	22:21	8:35	59	8:15	351	11:00	9.00	1:12:37	8:04	68	27:03	388	35:40	
Brocken	3.10	34:40	11:10	52	12:35	308	16:53	12.10	1:47:17	8:51	68	39:38	388	52:33	
Eiserner Handwe	3.60	21:46	6:02	53	7:11	298	9:26	15.70	2:09:03	8:13	68	45:57	388	1:01:58	
Schlüsie	4.10	21:54	5:20	52	8:15	317	10:18	19.80	2:30:57	7:37	68	53:04	388	1:11:52	
Loddenke	3.10	18:50	6:04	58	7:12	341	8:55	22.90	2:49:47	7:24	66	1:00:11	384	1:20:36	
Ilseburg/Markt	3.30	21:08	6:24	59	8:12	358	10:20	26.20	3:10:55	7:17	58	1:08:07	344	1:30:33	