



50. Brockenlauf

Ilseburg / 04.09.2021

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Sundermeyer, Stefanie

□□: Flying Stöckels de Luxe

□□: 453

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 3:15:18

□□: 7.99 km/h

□□□□: 7:27 min/km

□□□□□/□□□□: 419 (of 467)

□□□□□/□: 65 (of 80)

□□□□□□: 2:03:14

□□□□□: 11(of 14)

□□□□□□□: 2:24:33

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:51	6:55	13	3:52	67	7:56	3.30	22:51	6:55	15	3:52	81	7:56
Schlüsie	3.10	26:44	8:37	13	7:23	72	10:01	6.40	49:35	7:44	15	11:15	81	17:57
Hermannsklippe	2.60	23:44	9:07	9	7:18	64	9:00	9.00	1:13:19	8:08	15	18:33	81	26:57
Brocken	3.10	38:59	12:34	12	12:30	71	14:19	12.10	1:52:18	9:16	15	31:03	81	41:16
Eiserner Handwe	3.60	23:06	6:25	10	5:35	55	8:36	15.70	2:15:24	8:37	15	36:38	81	49:52
Schlüsie	4.10	23:57	5:50	11	6:52	63	10:01	19.80	2:39:21	8:02	15	43:30	81	59:53
Loddenke	3.10	17:40	5:41	10	3:59	55	6:16	22.90	2:57:01	7:43	14	47:29	80	1:06:09
Ilseburg/Markt	3.30	18:17	5:32	5	3:16	40	5:55	26.20	3:15:18	7:27	11	50:45	65	1:12:04