



50. Brockenlauf

Ilseburg / 04.09.2021

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Loch, Angelika

□□: SV 1916 Beuna
 □□: 276

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W70 (70-74 Jahre)

□□□: 2:58:24

□□: 8.74 km/h
 □□□□: 6:49 min/km

□□□□□/□□□: 343 (of 467)

□□□□□/□: 41 (of 80)

□□□□□□: 2:03:14

□□□□□: 2(of 2)

□□□□□□□: 2:53:49

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:31	6:13	1	-	33	5:36	3.30	20:31	6:13	1	-	81	5:36
Schlüsie	3.10	23:33	7:35	1	-	42	6:50	6.40	44:04	6:53	1	-	81	12:26
Hermannsklippe	2.60	21:21	8:12	1	-	41	6:37	9.00	1:05:25	7:16	1	-	81	19:03
Brocken	3.10	34:40	11:10	2	1:20	40	10:00	12.10	1:40:05	8:16	1	-	81	29:03
Eiserner Handwe	3.60	21:35	5:59	2	2:15	42	7:05	15.70	2:01:40	7:44	1	-	81	36:08
Schlüsie	4.10	20:38	5:01	2	2:28	43	6:42	19.80	2:22:18	7:11	3	1:31	81	42:50
Loddenke	3.10	16:24	5:17	2	0:37	38	5:00	22.90	2:38:42	6:55	3	2:08	80	47:50
Ilseburg/Markt	3.30	19:42	5:58	2	2:27	60	7:20	26.20	2:58:24	6:48	2	4:35	41	55:10