



# 50. Brockenlauf

Ilseburg / 04.09.2021

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Lulkiewicz, Beate

□□: Berlin

□□: 279

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 3:21:48

□□: 7.73 km/h

□□□□: 7:42 min/km

□□□□□/□□□: 438 (of 467)

□□□□□/□: 69 (of 80)

□□□□□□: 2:03:14

□□□□□: 12(of 14)

□□□□□□□: 2:24:33

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:47	6:54	12	3:48	65	7:52	3.30	22:47	6:54	15	3:48	81	7:52
Schlüsie	3.10	26:24	8:30	11	7:03	66	9:41	6.40	49:11	7:41	15	10:51	81	17:33
Hermannsklippe	2.60	23:48	9:09	11	7:22	67	9:04	9.00	1:12:59	8:06	15	18:13	81	26:37
Brocken	3.10	40:21	13:00	13	13:52	73	15:41	12.10	1:53:20	9:21	15	32:05	81	42:18
Eiserner Handwe	3.60	25:15	7:00	13	7:44	65	10:45	15.70	2:18:35	8:49	15	39:49	81	53:03
Schlüsie	4.10	24:54	6:04	13	7:49	72	10:58	19.80	2:43:29	8:15	15	47:38	81	1:04:01
Loddenke	3.10	18:19	5:54	11	4:38	63	6:55	22.90	3:01:48	7:56	14	52:16	80	1:10:56
Ilseburg/Markt	3.30	20:00	6:03	11	4:59	65	7:38	26.20	3:21:48	7:42	12	57:15	69	1:18:34