



# 9. VR Bank ChariTria Büdingen

Büdingen / 22.08.2021

□□□□

**Carsten Schneider**

□□□: 2:16:56

□□: Triathlon Wetterau

□□: 22

□□: 49.25 km

□□□□□/□□□: 25 (of 64)

Chari Tria Olymp (1,25-38.0-10,0)

□□□□□/□: 24 (of 55)

□□□□□□: 1:49:54

□□□□:

□□□□□: 4(of 10)

Männer AK3

□□□□□□□: 2:07:53

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| □□□            | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Schwimmen nett | 1.25     | 23:43    | 18:58        | 4       | 2:09    | 20      | 6:32    | 1.25  | 23:43     | 18:58         | 11      | 2:09    | 56      | 6:32    |
| Wechsel S -> R | -        | 0:39     | -            | 1       | -       | 1       | -       | 1.25  | 24:22     | 19:29         | 1       | -       | 56      | 5:06    |
| Schwimmen □□□  | 1.25     | 24:22    | 19:29        | 1       | -       | 56      | 5:06    | 1.25  | 24:22     | 19:29         | 1       | -       | 56      | 5:06    |
| Rad netto      | 38.00    | 1:09:28  | 1:49         | 6       | 12:16   | 43      | 39:51   | 39.25 | 1:33:50   | 2:23          | 11      | 8:30    | 56      | 40:44   |
| Wechsel R -> L | -        | 1:06     | -            | 1       | -       | 6       | 0:17    | 39.25 | 1:34:56   | 2:25          | 11      | 8:10    | 56      | 41:01   |
| Rad □□□        | 38.00    | 1:10:34  | 1:51         | 6       | 12:10   | 43      | 40:08   | 39.25 | 1:34:56   | 2:25          | 11      | 8:10    | 56      | 41:01   |
| Lauf           | 10.00    | 42:00    | 4:12         | 3       | 5:32    | 23      | 8:21    | 49.25 | 2:16:56   | 2:46          | 4       | 9:03    | 24      | 27:02   |