



# 9. VR Bank ChariTria Büdingen

Büdingen / 22.08.2021

□□□□

Carsten Schneider

□□□: 2:16:56

□□: Triathlon Wetterau

□□: 22

□□: 49.25 km

□□□□□/□□□: 25 (of 64)

Chari Tria Olymp (1,25-38.0-10,0)

□□□□□/□: 24 (of 55)

□□□□□□: 1:49:54

□□□□:

□□□□□: 4(of 10)

Männer AK3

□□□□□□□: 2:07:53

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	1.25	23:43	18:58	4	2:09	20	6:32	1.25	23:43	18:58	11	2:09	56	6:32
Wechsel S -> R	-	0:39	-	1	-	1	-	1.25	24:22	19:29	1	-	56	5:06
Schwimmen □□□	1.25	24:22	19:29	1	-	56	5:06	1.25	24:22	19:29	1	-	56	5:06
Rad netto	38.00	1:09:28	1:49	6	12:16	43	39:51	39.25	1:33:50	2:23	11	8:30	56	40:44
Wechsel R -> L	-	1:06	-	1	-	6	0:17	39.25	1:34:56	2:25	11	8:10	56	41:01
Rad □□□	38.00	1:10:34	1:51	6	12:10	43	40:08	39.25	1:34:56	2:25	11	8:10	56	41:01
Lauf	10.00	42:00	4:12	3	5:32	23	8:21	49.25	2:16:56	2:46	4	9:03	24	27:02