



9. VR Bank ChariTria Büdingen

Büdingen / 22.08.2021

□□□□

Hanna Schwarz

□□□: 1:40:08

□□: Keiner

□□: 253

□□: 25.55 km

Chari Tria (0,55-20,0-5,0)

□□□□□/□□□: 78 (of 84)

□□□□□/□: 23 (of 25)

□□□□□□: 55:34

□□□□:

Frauen AK3

□□□□□: 3(of 3)

□□□□□□□: 1:25:38

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.55	14:44	26:47	3	4:53	23	6:45	0.55	14:44	26:47	4	4:53	25	6:45	
Wechsel S -> R	-	5:28	-	3	2:30	24	3:45	0.55	20:12	36:43	4	7:23	25	10:03	
Schwimmen □□□	0.55	20:12	36:43	4	7:23	25	10:03	0.55	20:12	36:43	4	7:23	25	10:03	
Rad netto	20.00	45:33	2:16	3	0:43	22	24:29	20.55	1:05:45	3:11	4	7:56	26	32:35	
Wechsel R -> L	-	2:55	-	3	2:00	25	2:16	20.55	1:08:40	3:20	4	9:31	26	34:16	
Rad □□□	20.00	48:28	2:25	3	2:43	23	26:10	20.55	1:08:40	3:20	4	9:31	26	34:16	
Lauf	5.00	31:28	6:17	2	4:59	23	11:09	25.55	1:40:08	3:55	3	14:30	23	44:34	