



9. VR Bank ChariTria Bidingen  
Bidingen / 22.08.2021

0000

Claudius Pyrlík

000: 1:57:23

00: Tri Team Gießen

00: 33

00: 49.25 km

Chari Tria Olymp (1,25-38.0-10,0)

00000/000: 3 (of 64)

00000/0: 3 (of 55)

000000: 1:49:54

0000:

Senioren 2 MK45

00000: 1(of 12)

0000000: 1:57:23

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0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	1.25	19:16	15:24	1	-	4	2:05	1.25	19:16	15:24	1	-	56	2:05
Wechsel S -> R	-	1:54	-	1	-	4	1:15	1.25	21:10	16:56	1	-	56	1:54
Schwimmen 000	1.25	21:10	16:56	1	-	56	1:54	1.25	21:10	16:56	1	-	56	1:54
Rad netto	38.00	59:53	1:34	3	30:16	13	30:16	39.25	1:21:03	2:03	13	27:57	56	27:57
Wechsel R -> L	-	0:50	-	2	0:01	2	0:01	39.25	1:21:53	2:05	13	27:58	56	27:58
Rad 000	38.00	1:00:43	1:35	3	30:17	12	30:17	39.25	1:21:53	2:05	13	27:58	56	27:58
Lauf	10.00	35:30	3:32	1	-	3	1:51	49.25	1:57:23	2:23	1	-	3	7:29