



# 9. VR Bank ChariTria Bidingen

Bidingen / 22.08.2021

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## Elijah Alonso

□□: MTV Kronberg Triathlon

□□: 424

□□: 12.85 km

Chari Tria Youth 2 (0,35-10,0-2,5)

□□□□:

Schüler B (10-11 J.)

□□□□□/□□□: DNF (of 17)

□□□□□/□: DNF (of 9)

□□□□□□: 18:59

□□□□□: DNF(of 9)

□□□□□□□: 18:59

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|----------------|-------|--------|--------|----|------|----|------|-------|------|--------|----|------|----|------|
|                | km    | □□     | min/km | -  | -    | □  | □    | km    | □□   | min/km | -  | -    | □  | □    |
| Schwimmen nett | 0.35  | 4:27   | 12:42  | 7  | 1:06 | 7  | 1:06 | 0.35  | 4:27 | 12:42  | 7  | 1:06 | 7  | 1:06 |
| Wechsel S -> R | -     | 1:46   | -      | 6  | 0:32 | 6  | 0:32 | 0.35  | 6:13 | 17:45  | 10 | 1:34 | 10 | 1:34 |
| Schwimmen □□□  | 0.35  | 6:13   | 17:45  | 10 | 1:34 | 10 | 1:34 | 0.35  | 6:13 | 17:45  | 10 | 1:34 | 10 | 1:34 |
| Rad netto      | 10.00 | fehlt! | -      | -  | -    | -  | -    | 10.35 | -    | -      | -  | -    | -  | -    |
| Wechsel R -> L | -     | fehlt! | -      | -  | -    | -  | -    | 10.35 | -    | -      | -  | -    | -  | -    |
| Rad □□□        | 10.00 |        | -      | -  | -    | -  |      | 10.35 |      | -      | -  | -    | -  |      |
| Lauf           | 2.50  | fehlt! | -      | -  | -    | -  | -    | 12.85 | -    | -      | -  | -    | -  | -    |