



9. VR Bank ChariTria Bidingen

Bidingen / 22.08.2021

□□□□

Annika Isabelle Peter

□□□: 1:13:12

□□: WVC Kassel

□□: 223

□□: 25.55 km

Chari Tria (0,55-20,0-5,0)

□□□□□/□□□: 39 (of 84)

□□□□□/□: 7 (of 25)

□□□□□□: 55:34

□□□□:

Jugend A (16-17 J.)

□□□□□: 3(of 4)

□□□□□□□: 1:07:09

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.55	11:23	20:41	4	3:05	12	3:24	0.55	11:23	20:41	4	3:05	25	3:24
Wechsel S -> R	-	2:02	-	4	0:19	6	0:19	0.55	13:25	24:23	5	3:16	25	3:16
Schwimmen □□□	0.55	13:25	24:23	5	3:16	25	3:16	0.55	13:25	24:23	5	3:16	25	3:16
Rad netto	20.00	35:49	1:47	1	-	5	14:45	20.55	49:14	2:23	5	3:03	26	16:04
Wechsel R -> L	-	1:13	-	4	0:34	16	0:34	20.55	50:27	2:27	5	3:37	26	16:03
Rad □□□	20.00	37:02	1:51	2	0:21	6	14:44	20.55	50:27	2:27	5	3:37	26	16:03
Lauf	5.00	22:45	4:32	3	2:26	5	2:26	25.55	1:13:12	2:51	3	6:03	7	17:38