



9. VR Bank ChariTria Bidingen

Bidingen / 22.08.2021

0000

Ulf Katzenberger

00: 273

00: 25.55 km

Chari Tria (0,55-20,0-5,0)

0000:

Senioren 1 MK40

00000/000: DNF (of 84)

00000/0: DNF (of 59)

000000: 57:06

00000: DNF(of 8)

0000000: 1:01:36

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0000

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|----------------|-------|-------|--------|----|------|----|------|-------|-------|--------|----|------|----|------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Schwimmen nett | 0.55 | 13:34 | 24:39 | 7 | 4:53 | 52 | 6:08 | 0.55 | 13:34 | 24:39 | 9 | 4:53 | 60 | 6:08 |
| Wechsel S -> R | - | 4:29 | - | 8 | 2:26 | 56 | 2:56 | 0.55 | 18:03 | 32:49 | 9 | 7:19 | 60 | 9:04 |
| Schwimmen 000 | 0.55 | 18:03 | 32:49 | 9 | 7:19 | 60 | 9:04 | 0.55 | 18:03 | 32:49 | 9 | 7:19 | 60 | 9:04 |
| Rad netto | 20.00 | 21:26 | 1:04 | 1 | - | 1 | - | 20.55 | 39:29 | 1:55 | 1 | - | 1 | - |
| Wechsel R -> L | - | 2:04 | - | 7 | 1:19 | 49 | 1:26 | 20.55 | 41:33 | 2:01 | 1 | - | 60 | 1:13 |
| Rad 000 | 20.00 | 23:30 | 1:10 | 1 | - | 1 | - | 20.55 | 41:33 | 2:01 | 1 | - | 60 | 1:13 |
| Lauf | 5.00 | 24:22 | 4:52 | 4 | 5:50 | 39 | 7:36 | 25.55 | - | - | - | - | - | - |