



9. VR Bank ChariTria Büdingen

Büdingen / 22.08.2021

0000

Laura Schade

000: 1:46:22

00: -

00: 239

00: 25.55 km

Chari Tria (0,55-20,0-5,0)

00000/000: 82 (of 84)

00000/0: 25 (of 25)

000000: 55:34

0000:

Frauen AK2

00000: 4(of 4)

0000000: 1:21:13

0000

0000

000

| 000 | 00 km | 00 00 | 00 min/km | 00 - | 00 - | 00 0 | 00 0 | 000 | 000 00 | 000 min/km | 00 - | 00 - | 00 0 | 00 0 |
|----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Schwimmen nett | 0.55 | 14:50 | 26:58 | 4 | 3:32 | 24 | 6:51 | 0.55 | 14:50 | 26:58 | 4 | 3:32 | 25 | 6:51 |
| Wechsel S -> R | - | 3:42 | - | 3 | 0:30 | 20 | 1:59 | 0.55 | 18:32 | 33:41 | 3 | 4:02 | 25 | 8:23 |
| Schwimmen 000 | 0.55 | 18:32 | 33:41 | 3 | 4:02 | 25 | 8:23 | 0.55 | 18:32 | 33:41 | 3 | 4:02 | 25 | 8:23 |
| Rad netto | 20.00 | 51:53 | 2:35 | 4 | 11:59 | 24 | 30:49 | 20.55 | 1:10:25 | 3:25 | 4 | 16:01 | 26 | 37:15 |
| Wechsel R -> L | - | 0:59 | - | 1 | - | 9 | 0:20 | 20.55 | 1:11:24 | 3:28 | 4 | 15:49 | 26 | 37:00 |
| Rad 000 | 20.00 | 52:52 | 2:38 | 4 | 11:47 | 24 | 30:34 | 20.55 | 1:11:24 | 3:28 | 4 | 15:49 | 26 | 37:00 |
| Lauf | 5.00 | 34:58 | 6:59 | 4 | 9:20 | 25 | 14:39 | 25.55 | 1:46:22 | 4:09 | 4 | 25:09 | 25 | 50:48 |