



9. VR Bank ChariTria Büdingen

Büdingen / 22.08.2021

0000

Laura Schade

000: 1:46:22

00: -

00: 239

00: 25.55 km

Chari Tria (0,55-20,0-5,0)

00000/000: 82 (of 84)

00000/0: 25 (of 25)

000000: 55:34

0000:

Frauen AK2

00000: 4(of 4)

0000000: 1:21:13

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0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.55	14:50	26:58	4	3:32	24	6:51	0.55	14:50	26:58	4	3:32	25	6:51
Wechsel S -> R	-	3:42	-	3	0:30	20	1:59	0.55	18:32	33:41	3	4:02	25	8:23
Schwimmen 000	0.55	18:32	33:41	3	4:02	25	8:23	0.55	18:32	33:41	3	4:02	25	8:23
Rad netto	20.00	51:53	2:35	4	11:59	24	30:49	20.55	1:10:25	3:25	4	16:01	26	37:15
Wechsel R -> L	-	0:59	-	1	-	9	0:20	20.55	1:11:24	3:28	4	15:49	26	37:00
Rad 000	20.00	52:52	2:38	4	11:47	24	30:34	20.55	1:11:24	3:28	4	15:49	26	37:00
Lauf	5.00	34:58	6:59	4	9:20	25	14:39	25.55	1:46:22	4:09	4	25:09	25	50:48