



9. VR Bank ChariTria Bidingen

Bidingen / 22.08.2021

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Tabea Schuh

□□□: 2:17:59

□□: Triathlon Team Gießen

□□: 43

□□: 49.25 km

□□□□□/□□□: 26 (of 64)

Chari Tria Olymp (1,25-38.0-10,0)

□□□□□/□: 2 (of 9)

□□□□□□: 2:15:55

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□□□□□: 1(of 3)

Frauen AK3

□□□□□□□: 2:17:59

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Schwimmen nett	1.25	20:42	16:33	1	-	1	-	1.25	20:42	16:33	1	-	1	-
Wechsel S -> R	-	1:57	-	1	-	1	-	1.25	22:39	18:07	1	-	1	-
Schwimmen □□□	1.25	22:39	18:07	1	-	1	-	1.25	22:39	18:07	1	-	1	-
Rad netto	38.00	1:05:23	1:43	1	-	2	0:49	39.25	1:28:02	2:14	1	-	1	-
Wechsel R -> L	-	0:59	-	1	-	1	-	39.25	1:29:01	2:16	1	-	1	-
Rad □□□	38.00	1:06:22	1:44	1	-	2	0:16	39.25	1:29:01	2:16	1	-	1	-
Lauf	10.00	48:58	4:53	1	-	4	6:38	49.25	2:17:59	2:48	1	-	2	2:04