



2. Werratalmarathon

Treffurt / 18.07.2021

0000

004 - LEBEN UND LAUFEN LASSEN

000: 3:55:37

00: 16

00: 10.75 km/h

0000: 5:35 min/km

00: 42.20 km

Staffel

00000: 11 (of 13)

000000: 2:37:18

0000:

00000: 2(of 2)

Mixstaffel

0000000: 3:21:56

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Ifta	11.70	1:11:19	6:05	2	18:34	12	26:37	11.70	1:11:19	6:05	2	18:34	12	26:37
Buchenau	11.80	1:06:54	5:40	2	11:56	12	23:14	23.50	2:18:13	5:52	2	30:30	13	49:51
Frankenroda	9.40	52:59	5:38	2	2:19	11	18:32	32.90	3:11:12	5:48	2	32:49	13	1:04:43
Uferstraße in Tre	9.30	44:25	4:46	2	0:52	8	13:36	42.20	3:55:37	5:34	2	33:41	11	1:18:19