



2. Werratalmarathon

Treffurt / 18.07.2021

0000

Wüster, Nils

00: Erfurt

00: 482

00: 42.20 km

Marathon

0000:

Senioren M45 (45-49 Jahre)

000: 3:54:02

00: 10.77 km/h

0000: 5:33 min/km

00000/000: 20 (of 73)

00000/0: 17 (of 66)

000000: 2:46:25

00000: 5(of 8)

0000000: 3:26:38

0000

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|-------------------|-------|---------|--------|----|-------|----|-------|-------|---------|--------|----|-------|----|---------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Ifta | 11.70 | 1:02:43 | 5:21 | 5 | 7:12 | 18 | 17:31 | 11.70 | 1:02:43 | 5:21 | 5 | 7:12 | 18 | 17:31 |
| Buchenau | 11.80 | 1:00:40 | 5:08 | 5 | 10:26 | 17 | 15:32 | 23.50 | 2:03:23 | 5:15 | 5 | 11:41 | 18 | 33:03 |
| Frankenroda | 9.40 | 51:16 | 5:27 | 5 | 31:52 | 18 | 31:52 | 32.90 | 2:54:39 | 5:18 | 5 | 43:28 | 16 | 46:16 |
| Uferstraße in Tre | 9.30 | 59:23 | 6:23 | 6 | 9:05 | 30 | 21:21 | 42.20 | 3:54:02 | 5:32 | 5 | 27:24 | 17 | 1:07:37 |