



2. Werratalmarathon

Treffurt / 18.07.2021

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Luther, Heiko

□□: SV Motor Wolgast

□□: 437

□□: 42.20 km

Marathon

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 4:12:35

□□: 10.02 km/h

□□□□: 5:59 min/km

□□□□□/□□□: 37 (of 73)

□□□□□/□: 32 (of 66)

□□□□□□: 2:46:25

□□□□□: 5(of 15)

□□□□□□□: 3:55:02

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Ifta	11.70	1:06:06	5:38	3	0:59	26	20:54	11.70	1:06:06	5:38	3	0:59	26	20:54	
Buchenau	11.80	1:05:53	5:35	5	3:29	28	20:45	23.50	2:11:59	5:36	5	4:06	27	41:39	
Frankenroda	9.40	59:39	6:20	9	8:28	43	40:15	32.90	3:11:38	5:49	5	8:38	29	1:03:15	
Uferstraße in Tre	9.30	1:00:57	6:33	6	8:55	34	22:55	42.20	4:12:35	5:59	5	17:33	32	1:26:10	