



2. Werratalmarathon

Treffurt / 18.07.2021

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Ostmann, Heiko

□□: LT Nauen-Falkensee

□□: 449

□□: 42.20 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 4:52:24

□□: 8.62 km/h

□□□□: 6:56 min/km

□□□□□/□□□: 60 (of 73)

□□□□□/□: 54 (of 66)

□□□□□□: 2:46:25

□□□□□: 14(of 16)

□□□□□□□: 3:20:00

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Ifta	11.70	1:19:46	6:49	15	24:23	59	34:34	11.70	1:19:46	6:49	15	24:23	59	34:34
Buchenau	11.80	1:17:24	6:33	14	23:27	53	32:16	23.50	2:37:10	6:41	14	47:50	54	1:06:50
Frankenroda	9.40	1:07:07	7:08	15	22:47	56	47:43	32.90	3:44:17	6:49	14	1:10:37	52	1:35:54
Uferstraße in Tre	9.30	1:08:07	7:19	13	21:47	48	30:05	42.20	4:52:24	6:55	14	1:32:24	54	2:05:59