



2. Werratalmarathon

Treffurt / 18.07.2021

0000

Helle, Friedrich

00: Hardissen

00: 420

00: 42.20 km

Marathon

0000:

Senioren M55 (55-59 Jahre)

000: 5:24:06

00: 7.78 km/h

0000: 7:41 min/km

00000/000: 67 (of 73)

00000/0: 60 (of 66)

000000: 2:46:25

00000: 13(of 15)

0000000: 3:55:02

0000

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Ifta	11.70	1:28:53	7:35	15	23:46	66	43:41	11.70	1:28:53	7:35	15	23:46	66	43:41
Buchenau	11.80	1:28:39	7:30	14	26:15	61	43:31	23.50	2:57:32	7:33	14	49:39	64	1:27:12
Frankenroda	9.40	1:12:19	7:41	13	21:08	57	52:55	32.90	4:09:51	7:35	14	1:06:51	61	2:01:28
Uferstraße in Tre	9.30	1:14:15	7:59	12	22:13	55	36:13	42.20	5:24:06	7:40	13	1:29:04	60	2:37:41