



# 2. Werratalmarathon

Treffurt / 18.07.2021

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**Sakuth, Holger**

□□: M&H Rennsteigteam

□□: 459

□□: 42.20 km

Marathon

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 5:25:26

□□: 7.74 km/h

□□□□: 7:43 min/km

□□□□□/□□□: 68 (of 73)

□□□□□/□: 61 (of 66)

□□□□□□: 2:46:25

□□□□□: 14(of 15)

□□□□□□□: 3:55:02

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| □□□               | □□    | □□      | □□     | □□ | □□    | □□ | □□    | □□□   | □□□     | □□□    | □□ | □□      | □□ | □□      |
|-------------------|-------|---------|--------|----|-------|----|-------|-------|---------|--------|----|---------|----|---------|
|                   | km    | □□      | min/km | -  | -     | □  | □     | km    | □□      | min/km | -  | -       | □  | □       |
| Ifta              | 11.70 | 1:25:14 | 7:17   | 13 | 20:07 | 63 | 40:02 | 11.70 | 1:25:14 | 7:17   | 13 | 20:07   | 63 | 40:02   |
| Buchenau          | 11.80 | 1:27:06 | 7:22   | 13 | 24:42 | 60 | 41:58 | 23.50 | 2:52:20 | 7:20   | 13 | 44:27   | 63 | 1:22:00 |
| Frankenroda       | 9.40  | 1:16:33 | 8:08   | 14 | 25:22 | 60 | 57:09 | 32.90 | 4:08:53 | 7:33   | 13 | 1:05:53 | 60 | 2:00:30 |
| Uferstraße in Tre | 9.30  | 1:16:33 | 8:13   | 13 | 24:31 | 57 | 38:31 | 42.20 | 5:25:26 | 7:42   | 14 | 1:30:24 | 61 | 2:39:01 |