



Nehrig, Anja

□ : Eisenach
□ : 351

□□: 21.10 km Halbmarathon

Seniorinnen W45 (45-49 Jahre)

□□□: 2:30:03

□□: 8.40 km/h

□□□: 7:07 min/km

\_\_\_\_\_: 75 (of 82)

□□□□□/□: 17 (of 18)

□□□□□□: 1:29:44

□□□□: 3(of 3)

 $\Box\Box\Box\Box\Box\Box\Box: 1:51:45$ 

km □□ min/km  $\square\square$  min/km km Frankenroda 11.70 1:21:22 6:57 30:52 30:52 20:46 16 11.70 1:21:22 6:57 20:46 16 3 3 Uferstraße in Tre 9.40 1:08:41 7:18 19:16 29:27 21.10 2:30:03 7:06 3 38:18 17 1:00:19 3 16