



51. Brockenlauf

Ilseburg / 03.09.2022

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Neubert, Ivo

□□: SC Bad Tölz
 □□: 287

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M45 (45-49 Jahre)

□□□: 2:16:26

□□: 11.43 km/h
 □□□□: 5:13 min/km

□□□□□/□□□: 50 (of 418)

□□□□□/□: 44 (of 336)

□□□□□□: 1:39:59

□□□□□: 10(of 60)

□□□□□□□: 2:00:45

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	16:24	4:58	8	1:54	39	4:24	3.30	16:24	4:58	8	1:54	39	4:24
Schlüsie	3.10	18:20	5:54	11	2:45	47	4:53	6.40	34:44	5:25	10	4:39	41	9:17
Hermannsklippe	2.60	16:42	6:25	12	2:48	70	4:54	9.00	51:26	5:42	11	7:27	48	14:11
Brocken	3.10	27:28	8:51	14	4:42	75	9:18	12.10	1:18:54	6:31	12	12:03	54	23:29
Eiserner Handwe	3.60	16:32	4:35	10	2:13	57	4:30	15.70	1:35:26	6:04	11	12:52	52	27:59
Schlüsie	4.10	14:58	3:39	8	1:27	38	3:26	19.80	1:50:24	5:34	10	14:19	49	31:25
Loddenke	3.10	12:40	4:05	6	0:51	34	2:42	22.90	2:03:04	5:22	7	13:47	35	34:07
Ilseburg/Markt	3.30	13:22	4:03	2	0:32	15	2:20	26.20	2:16:26	5:12	10	15:41	44	36:27