



51. Brockenlauf

Ilseburg / 03.09.2022

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Peterhans, Simone

□□: Seelze
 □□: 301

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W35 (35-39 Jahre)

□□□: 2:25:59

□□: 10.69 km/h
 □□□□: 5:34 min/km

□□□□□/□□□: 93 (of 418)

□□□□□/□: 8 (of 82)

□□□□□□: 2:03:06

□□□□□: 2(of 10)

□□□□□□□: 2:03:06

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 18:31 | 5:36 | 5 | 3:38 | 15 | 3:38 | 3.30 | 18:31 | 5:36 | 5 | 3:38 | 15 | 3:38 |
| Schlüsie | 3.10 | 19:52 | 6:24 | 2 | 3:33 | 11 | 3:33 | 6.40 | 38:23 | 5:59 | 3 | 7:11 | 12 | 7:11 |
| Hermannsklippe | 2.60 | 16:51 | 6:28 | 2 | 2:26 | 9 | 2:26 | 9.00 | 55:14 | 6:08 | 2 | 9:37 | 9 | 9:37 |
| Brocken | 3.10 | 27:12 | 8:46 | 2 | 4:22 | 8 | 4:22 | 12.10 | 1:22:26 | 6:48 | 2 | 13:59 | 9 | 13:59 |
| Eiserner Handwe | 3.60 | 18:03 | 5:00 | 4 | 3:00 | 14 | 3:00 | 15.70 | 1:40:29 | 6:24 | 2 | 16:59 | 9 | 16:59 |
| Schlüsie | 4.10 | 17:11 | 4:11 | 4 | 2:20 | 15 | 3:15 | 19.80 | 1:57:40 | 5:56 | 3 | 19:19 | 9 | 19:19 |
| Loddenke | 3.10 | 13:51 | 4:28 | 3 | 0:23 | 8 | 2:07 | 22.90 | 2:11:31 | 5:44 | 2 | 0:41 | 6 | 18:28 |
| Ilseburg/Markt | 3.30 | 14:28 | 4:23 | 1 | - | 3 | 1:24 | 26.20 | 2:25:59 | 5:34 | 2 | 22:53 | 8 | 22:53 |