



51. Brockenlauf

Ilseburg / 03.09.2022

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Schmidt, Michaela

□□: DreiZack Spandau e. V.

□□: 462

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 2:43:26

□□: 9.62 km/h

□□□□: 6:14 min/km

□□□□□/□□□: 204 (of 418)

□□□□□/□: 23 (of 82)

□□□□□□: 2:03:06

□□□□□: 1(of 12)

□□□□□□□: 2:43:26

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:44	6:16	3	1:37	32	5:51	3.30	20:44	6:16	3	1:37	32	5:51	
Schlüsie	3.10	21:06	6:48	1	-	18	4:47	6.40	41:50	6:32	2	1:26	25	10:38	
Hermannsklippe	2.60	18:41	7:11	1	-	16	4:16	9.00	1:00:31	6:43	2	0:17	21	14:54	
Brocken	3.10	30:53	9:57	1	-	23	8:03	12.10	1:31:24	7:33	1	-	22	22:57	
Eiserner Handwe	3.60	20:21	5:39	6	1:16	38	5:18	15.70	1:51:45	7:07	1	-	22	28:15	
Schlüsie	4.10	19:57	4:51	5	2:21	40	6:01	19.80	2:11:42	6:39	1	-	24	33:21	
Loddenke	3.10	15:26	4:58	3	0:48	19	3:42	22.90	2:27:08	6:25	1	-	19	34:05	
Ilseburg/Markt	3.30	16:18	4:56	1	-	16	3:14	26.20	2:43:26	6:14	1	-	23	40:20	