



51. Brockenlauf

Ilseburg / 03.09.2022

□□□□

Eckl, Michael

□□: Hutschenreuther Laufgruppe Selb

□□: 110

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 2:43:32

□□: 9.54 km/h

□□□□: 6:14 min/km

□□□□□/□□□: 206 (of 418)

□□□□□/□: 183 (of 336)

□□□□□□: 1:39:59

□□□□□: 22(of 43)

□□□□□□□: 1:59:27

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 21:24 | 6:29 | 35 | 6:27 | 266 | 9:24 | 3.30 | 21:24 | 6:29 | 35 | 6:27 | 266 | 9:24 |
| Schlüsie | 3.10 | 22:38 | 7:18 | 32 | 6:51 | 242 | 9:11 | 6.40 | 44:02 | 6:52 | 36 | 12:52 | 256 | 18:35 |
| Hermannsklippe | 2.60 | 19:31 | 7:30 | 27 | 5:59 | 214 | 7:43 | 9.00 | 1:03:33 | 7:03 | 33 | 18:51 | 242 | 26:18 |
| Brocken | 3.10 | 30:16 | 9:45 | 21 | 8:33 | 166 | 12:06 | 12.10 | 1:33:49 | 7:45 | 27 | 27:24 | 213 | 38:24 |
| Eiserner Handwe | 3.60 | 19:08 | 5:18 | 20 | 4:16 | 156 | 7:06 | 15.70 | 1:52:57 | 7:11 | 25 | 31:40 | 203 | 45:30 |
| Schlüsie | 4.10 | 17:52 | 4:21 | 17 | 3:37 | 148 | 6:20 | 19.80 | 2:10:49 | 6:36 | 24 | 34:45 | 193 | 51:50 |
| Loddenke | 3.10 | 15:17 | 4:55 | 17 | 3:50 | 129 | 5:19 | 22.90 | 2:26:06 | 6:22 | 19 | 38:35 | 141 | 57:09 |
| Ilseburg/Markt | 3.30 | 17:26 | 5:16 | 22 | 5:30 | 141 | 6:24 | 26.20 | 2:43:32 | 6:14 | 22 | 44:05 | 183 | 1:03:33 |