



51. Brockenlauf

Ilseburg / 03.09.2022

□□□□

Biedermann, Hilde

□□: Offenbach
 □□: 67

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W30 (30-34 Jahre)

□□□: 2:45:08

□□: 9.45 km/h
 □□□□: 6:18 min/km

□□□□□/□□□: 222 (of 418)

□□□□□/□: 25 (of 82)

□□□□□□: 2:03:06

□□□□□: 2(of 5)

□□□□□□□: 2:13:26

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:14	6:44	2	6:20	51	7:21	3.30	22:14	6:44	2	6:20	51	7:21
Schlüsie	3.10	22:32	7:16	2	5:23	32	6:13	6.40	44:46	6:59	2	11:43	38	13:34
Hermannsklippe	2.60	19:14	7:23	2	4:00	23	4:49	9.00	1:04:00	7:06	2	15:43	35	18:23
Brocken	3.10	29:48	9:36	2	6:20	15	6:58	12.10	1:33:48	7:45	2	22:03	27	25:21
Eiserner Handwe	3.60	20:12	5:36	2	3:40	34	5:09	15.70	1:54:00	7:15	2	25:43	29	30:30
Schlüsie	4.10	19:08	4:40	2	2:19	28	5:12	19.80	2:13:08	6:43	2	28:02	29	34:47
Loddenke	3.10	15:31	5:00	2	1:46	21	3:47	22.90	2:28:39	6:29	2	29:48	23	35:36
Ilseburg/Markt	3.30	16:29	4:59	2	1:54	17	3:25	26.20	2:45:08	6:18	2	31:42	25	42:02